

## Pressure Points in Dating



On first dates, singles feel the most pressure to be:



16%
Talkative

**12%** Fun





Where does pressure to find a partner come from?

53% of men say themselves

51% of women say age/life stage

## WHAT DO SINGLES EMBELLISH THE MOST?









Nearly 23

of singles take intentional breaks from dating for self-care



1/3

have felt the need to adopt an interest or hobby of someone they were dating

