

Suicide Facts & Figures:

Utah 2019*



On average, one person dies by suicide every 13 hours in the state.

Over twelve times as many people died by suicide in Utah in 2017 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflect a total of 16,309 years of potential life lost (YPLL) before age 65.



Suicide cost Utah a total of **\$629,958,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,331,835 per suicide death.**

*Based on most recent 2017 data from CDC. Learn more at afsp.org/statistics.



7th leading cause of death in Utah

1st leading

cause of death for ages 15-24

2nd leading

cause of death for ages 25-44

4th leading

cause of death for ages 45-54

6th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Utah	663	22.74	6
Nationally	47,173	14.00	

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Suicide Prevention Programs and Initiatives

- The Utah Suicide Prevention Coalition (<http://utahsuicideprevention.org/>), a public-private partnership, published the Utah Suicide Prevention Plan 2017-2021 (<https://bit.ly/2s5sgW8>).
- Utah law requires all licensed school district and charter school employees to complete 2 hours of training on youth suicide prevention within their license cycle (§ 53G-9-704); requires the State Board of Education to designate a school suicide prevention coordinator (§53G-9-702); and requires school districts to offer free parent seminars on suicide prevention, among other topics (§ 53G-9-703).
- Utah law (§ 62A-15-1101) requires the Division of Substance Abuse and Mental Health (DSAMH) to designate a state suicide prevention coordinator.
- Utah law (§§ 53E-10-501 to 504) establishes a 24/7 School Safety and Crisis Line within the University Neuropsychiatric Institute and creates the School Safety and Crisis Line Commission.
- HB 41 (adopted 3/22/18) directs DSMAH to establish a 24/7/365 Statewide Mental Health Crisis Line with a short code for texting and N11 number for calls and requires local mental health authorities and DSMAH to ensure calls are answered without wait times by a mental health therapist or trained crisis worker. HB 42 (adopted 3/22/18) seeks to include crisis lines as well as mobile crisis outreach teams in the state Medicaid plan.
- Utah law requires at least 2 hours of training in suicide prevention as a condition of licensure for recreational therapists (§ 58-40-302), social workers (§ 58-60-302), marriage and family therapists (§ 58-60-305), clinical mental health counselors (§ 58-60-405), and substance use disorder counselors (§ 58-60-506).
- HB 370 (adopted 3/22/18), among other provisions, expands the scope of youth suicide prevention programs in schools and amends existing provisions regarding medical examiner records to aid in suicide research efforts.

Get Involved

The **AFSP Utah Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Utah
utah@afsp.org

Become an Advocate

AFSP's Utah advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!