

# CIBC - SHATTERED BARRIERS VIDEO

## 45 SECONDS

	Audio	Visual
00:00:01:	[Music plays, ticking sound]	[Open on Woman 1 lying in bed before sunrise with ski hill visible through the window]
00:00:03	[Music plays, ticking sound]	[Bed covers are pulled off to reveal Woman 1's legs swinging off the bed; one leg has an impairment]
00:00:05	Speaker: You're not cut out for this.	Super: You're not cut out for this.  [Woman 1 holds onto the windowsill and twists away]
00:00:06	[Music plays, ticking sound]	Super: You're not cut out for this.  [Woman swings her left foot back and forth, keeping her prosthetic leg on the ground]  [As she kicks, the words "You're not cut out for this" shatter into pieces]
01:00:08	[Music plays, ticking sound]	[Man 1 in a wheelchair is moving equipment in a parking lot at night]
00:00:10	[Music plays, ticking sound]	[Man 2 sitting in a change room putting on his prosthetic leg]
00:00:12	[Music plays, ticking sound]	[Man 3 in a sit-ski gets on a ski chair lift]
00:00:14	[Music plays, ticking sound]	[Woman 2 steps onto a platform with a running blade on her right leg]
00:00:15	Speaker: What if you hurt yourself?	Super: What if you hurt yourself?  [Man 1 hoists himself onto equipment in a gym]
00:00:16	[Music plays, ticking sound]	Super: What if you hurt yourself?  [Close up of jumping with a running blade]
00:00:16	[Music plays, ticking sound]	Super: What if you hurt yourself?  [Woman 2 gets into position on a track and begins sprinting towards the camera]
00:00:17	[Music plays, buzzer goes off]	Super: What if you hurt yourself?  [As Woman 2 runs towards the camera, the words "What if you hurt yourself?" shatter into pieces. She slows down.]
00:00:18	[Music plays, drum beats]	[Woman 2 bends down looking frustrated]

00:00:20	[Music plays, sound of crashing and falling]	[Various shots of Woman 1 falling down on the hill]
00:00:22	[Music plays, drum beats]	[Woman 1 standing at the top of a ski hill, Man 4 stands beside her pointing down the hill]
00:00:24	[Music plays, drum beats]	[Close up of Woman 1 putting on her ski goggles]
00:00:25	[Music plays, drum beats]	[Woman 1 skis down the hill]
00:00:27	[Music plays, drum beats]  Speaker: You really think you can do this?	Super: You really think you can do this?  [Woman 2 runs along an indoor track]
00:00:29	[Music plays, drum beats]	Super: You really think you can do this?  [Man 1 on wheelchair treadmill looking very focused]
00:00:30	[Music plays, beeping]	Super: You really think you can do this?  [Lines appear on an ECG screen, indicating increasing heartbeat]
00:00:31	[Music plays, drum beats, sound of shattering]	Super: You really think you can do this?  [Man 3 speeds down the hill on a sit ski. As he passes by the camera, the words "You really think you can do this?" shatter into pieces]
00:00:32	[Music plays, sound of skiing through the snow]	[Close up of sit ski going down the hill]
00:00:33	[Music plays, drum beats]	[Man 2 does push ups in a gym between 2 blocks, lifting himself onto the blocks as he comes up]
00:00:34	[Music plays, drum beats, sound of water splashing]	[Woman 2 is running, her lower body underwater with her running blade on, her upper body outside of the water]
00:00:36	[Music plays, drum beats]	[Woman 1 skis down the hill, as she passes the camera, snow fills the screen]
00:00:36	Speaker: You'll never walk again.  [Music plays]	Super: You'll never walk again.  [Close up of tire spinning on treadmill]
00:00:37	[Music plays]	Super: You'll never walk again.

		[Man 1 on wheelchair treadmill looking very focused]
00:00:38	[Music stops]	Super: You'll never walk again.  [Man 5 on a sit ski goes off a ski jump, flipping in the air above the mountains. As he lifts off of the jump, the words "You'll never walk again" shatter into pieces]
00:00:41	[Music resume with drums beating]	[Man 5 lands the flip and continues down the hill]
00:00:42	[Music plays, drum beats]	Super: Join us in our support of those who #ShatterBarriers.  [Canadian Paralympic Committee and CIBC "Premier Partner" logo appear side by side]