

Aug. 31, 2017

### **Mysterious Barricades Concert Series for Suicide Awareness**

World Suicide Prevention Day, SEPT. 10, 2017 – FREE concerts for suicide prevention, awareness and hope!

\* 21 hours of music \* 15 concerts coast to coast \* Attend in person \* View live stream at mysteriousbarricades.org \*

**EDMONTON** – **The healing power of music** will once again draw Canadians together in an extraordinary event to mark World Suicide Prevention Day on **Sunday, Sept. 10, 2017**. From sunrise to past sunset, a series of free concerts will take place in Canadian cities from coast to coast.

Approximately 200 performers are lending their talent to this cause. Concert times and venues are in the backgrounder below. People are encouraged to attend the live concerts in their cities. In addition, the backto-back performances can be enjoyed by anyone, anywhere with an Internet connection. All concerts will be **streamed throughout the day at mysteriousbarricades.org**.

#### BACKGROUNDER AND MEDIA KIT

This national event is presented in partnership with the Canadian Mental Health Association and local CMHA chapters across Canada, and the Canadian Association for Suicide Prevention. It is also presented with support and assistance from:

- Richard's Legacy Foundation for Survivors of Suicide Loss (St. John's, N.L.)
- Communities Addressing Suicide Together (Halifax)
- New Brunswick Mental Health Consumer Network (Sackville branch)
- Association québécoise de prévention du suicide
- Distress Centres (Toronto)
- Centre for Addiction and Mental Health (Toronto)
- Waterloo Region Suicide Prevention Council
- London Middlesex Suicide Prevention Council
- North East Suicide Prevention Network (Sudbury, Ont.)
- Winnipeg Suicide Prevention Network
- Klinic Community Health (Winnipeg)
- Centre for Suicide Prevention (Calgary)

We encourage readers, viewers and listeners to support suicide prevention and public education initiatives by making a donation to the mental health organization of their choice.



### **Acknowledgements**

Our heartfelt thanks and special acknowledgments go to all the performers – this day would not be possible without them. We also extend special thanks to the University of Alberta for significant contributions to the Mysterious Barricades concert project, in particular to the Office of Information and Communications Technology for hosting the live stream, and staff in the Office of the Dean of Students for their tremendous assistance. Thanks also to all those at the following universities for their valuable contributions to the Mysterious Barricades concerts.

#### The Concerts

Twelve concerts will be live streamed on Sept. 10, World Suicide Prevention Day. Due to time-zone considerations, three concerts will be pre-recorded and included in our live stream, for a total of 15 back-to-back concerts.

This day of music will feature a range of styles and performers. These include internationally known classical vocalists and instrumentalists (ensembles, and soloists on piano, string, wind and brass instruments). Programs will also include guitar and jazz performances; Celtic music; choral groups and choirs; Indigenous groups and solo performers; and spoken word performers. For program details, go to <a href="http://www.mysteriousbarricades.org/concerts/">http://www.mysteriousbarricades.org/concerts/</a>.

### Cities, Times and Venues:

#### Pre-recorded:

St John's, N.L.

This concert will be held 19:30 - 21:00 NDT, Friday, September 8

D.F. Cook Recital Hall, Memorial University

This concert will be streamed at 06:30 - 08:00 NDT (05:00 - 06:30 EDT) on Sunday, September 10

#### Halifax

This concert will be held 19:00 - 20:30 ADT, Friday September 8

Rebecca Cohn Auditorium, Dalhousie University

This concert will be streamed at 07:30 - 09:00 ADT (06:30 - 08:00 EDT) on Sunday, September 10

#### Victoria

This concert was held at 7:30 PM PDT, Tuesday, August 22

St. John the Divine Anglican Church, 1611 Quadra Street, Victoria, B.C.

This concert will be streamed starting at 21:30 PDT (00:30 EDT) on Sunday, September 10

#### Live streamed:

Sackville, N.B.

09:00 - 10:00 ADT (08:00 - 09:00 EDT), September 10

Brunton Auditorium, Mount Allison University



Montreal

09:00 - 10:30 EDT, September 10 Tanna Schulich Hall, McGill University

Ottawa

10:30 - 12:00 EDT, September 10 Freiman Hall, University of Ottawa Concert titled: "No Man is an Island" "Nul Homme n'est une ile"

Toronto

12:00 - 13:30 EDT, September 10 Walter Hall, University of Toronto

Kitchener-Waterloo, Ont. 13:30 - 15:00 EDT, September 10 Maureen Forrester Recital Hall, Wilfrid Laurier University Concert titled: "The Sounds of Silence"

London, Ont.

15:00 - 16:30 EDT, September 10 von Kuster Recital Hall, Western University

Sudbury, Ont.

16:30 - 17:30 EDT, September 10 Elizabeth Gazebo in Bell Park, Sudbury

Winnipeg

16:30 - 18:00 CDT (17:30 - 19:00 EDT), September 10 Desautels Faculty Vocal Arts Room, Desautels Faculty of Music, University of Manitoba Concert titled: "The Healing Power of Ritual"

Saskatoon

17:00 - 18:30 CST (19:00 - 20:30 EDT), September 10 Peter McKinnon Building Convocation Hall, University of Saskatchewan

Edmonton

18:30 - 20:00 MDT (20:30 - 22:00 EDT), September 10 Convocation Hall, University of Alberta

Calgary

20:00 - 21:00 MDT (22:00 - 23:00 EDT), September 10 Eckhardt-Gramatté Hall, Rozsa Centre, University of Calgary

Vancouver

20:00 - 21:30 PDT (23:00 - 00:30 EDT), September 10 Roy Barnett Recital Hall, University of British Columbia



#### Follow us on social media:

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#### About our name:

Les Barricades Mysteriéuses (The Mysterious Barricades) was composed in 1717 for the harpsichord by François Couperin. It is the fifth piece in his "Ordre 6ème de clavecin" in B-flat major from his second book of collected harpsichord pieces. It is emblematic of the style brisé of French baroque keyboard music.

With this concert project, we hope to raise the level of discussion and awareness surrounding the mysterious barricades between mental illness and health, between the darkness of depression and a flicker of hope, between life and death.

#### **Useful Links**

- Q&A with Elizabeth Turnbull, founder of the Mysterious Barricades Concert Society: http://www.mysteriousbarricades.org/q-a-with-beth-turnbull/
- Videos: http://www.mysteriousbarricades.org/videos/
- Canadian Association of Suicide Prevention World Suicide Prevention Day information, including toolkit: <a href="https://suicideprevention.ca/understanding/for-media/">https://suicideprevention.ca/understanding/for-media/</a>
- Media guidelines for responsible presentation of information about suicide: http://suicideprevention.ca/news-resources/media-guidelines-and-social-marketing/

### **Suicide Facts:**

- About 4,000 Canadians die by suicide every year.
- Suicide is the second-most common cause of death among young people, but men in their 40s and 50s have the highest rate of suicide.
- Women are three to four times more likely to attempt suicide than men, but men are three times more likely to die by suicide than women.

(Source: Canadian Mental Health Association)