

DISTANCE
FOR A
DIFFERENCE 4.0

COMMUNITY PARTNERSHIP GLOBAL IMPACT

May 01-10

Target: 1 000 000 UAH

20 000 KM



1298

km

1
days

UNITY

NUTRIXXION

NUTRIXXION



[▶ Watch video here](#)



THE PERSON BEHIND THE MOVEMENT



“

I've always believed that when people move together, they're capable of anything. Four editions in, I know it to be true.

Every kilometer we cover together means a child gets care.

Valentyna Synenka

Founder, Distance for a Difference, SHE community
Ironman World Championship 4x Finisher
Board Member, Symphony Solutions

WHAT IS DISTANCE FOR A DIFFERENCE?

Three years. Real movement. Real impact.

Distance for a Difference is a global charity initiative started by Symphony Solutions where people come together to turn physical activity into meaningful change.

Every year, our community members run, walk, hike, cycle, and swim and log kilometers on Strava — while collectively raising funds for children who need it most.

- **746+** participants across 26 countries
- **24,472 km** covered collectively across **3** editions
- **€24,500** raised and donated in total
- **3** charities supported



THIS YEAR, WE GO BIGGER. AND WE WANT YOU WITH US.

GOAL: 20 000 KM COVERED TOGETHER

JOIN US ON STRAVA

Move with us. Every kilometer counts.

From **May 1 - 10**, join our global Strava community and log any physical activity — running, walking, hiking, cycling, swimming, or wheelchair.

On **May 2nd**, join us at Striyskyi Park in Lviv, Ukraine for the offline group run and official kickoff.

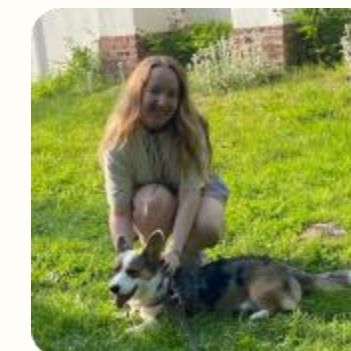
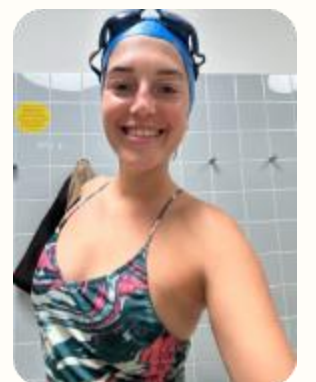
Every kilometer you track contributes to our shared goal.

How to join:

- Download Strava
- Search for Distance for a Difference 4.0
- Join the club and start moving



JOIN THE DFD 4.0



WHAT WE'VE ALREADY DELIVERED



We don't just raise money. We make sure it reaches those who need it.



Here is what our support has already made possible — real supplies, delivered to real children

THE CHARITABLE CAUSE 2026

**104 children. One mobile hospice.
Your kilometers help keep it running.**

This year, all funds raised go to the Children's Mobile Hospice in Lviv, Ukraine — bringing vital medical care directly to children with incurable illnesses who cannot travel to a clinic.

Current needs of Children's Mobile Hospice

- Daily hygiene and care supplies
120,000 UAH/month (~2500 EUR)
- Critical breathing and medical equipment
546,000 UAH/3 months (~11 000 EUR)

**EVERY STEP YOU TAKE BRINGS THESE CHILDREN
ONE KILOMETER CLOSER TO THE CARE THEY NEED.**



1,000,000 UAH FOR CHILDREN IN NEED.

Our goal is €20,000 — the equivalent of 1,000,000 UAH in vital medical supplies.

Symphony Solutions donates €10,000. Help us raise the rest.



You can contribute in three ways:



International donors

Stand by Ukraine Foundation

Official European fund, transparent and tax-exempt



Ukrainian businesses

With an Angel on a Shoulder Foundation

Direct support to the hospice



Individual donors

Monobank

Simple, fast, available worldwide

