

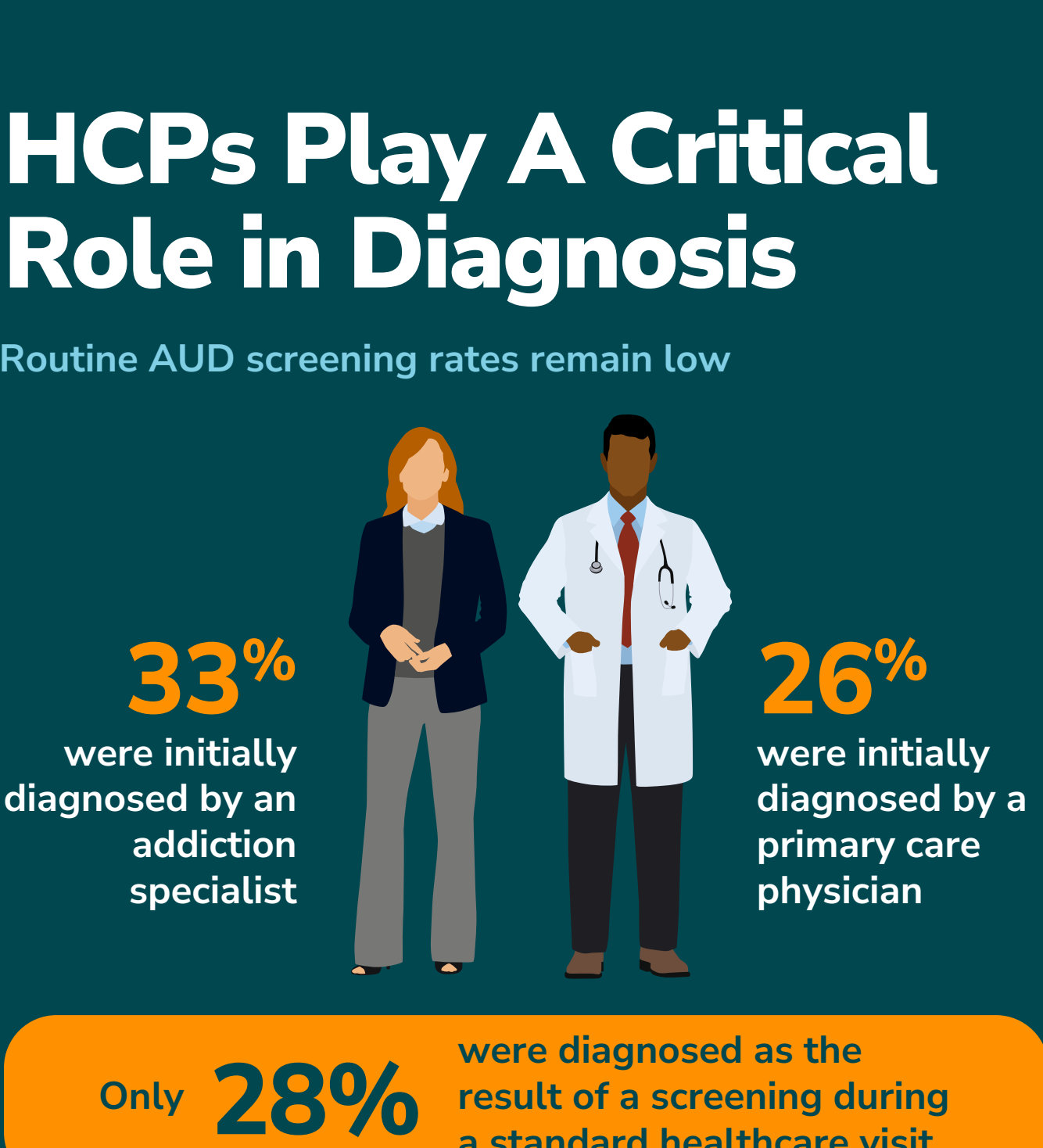
Use Disorder (AUD)

Adults with AUD share insights into their diagnosis and treatment journeys



Infographic showing four statistics about HCP visits related to alcohol use:

- 30% of HCP visits are related to alcohol use
- 30% of HCP visits are related to alcohol use
- 35% of HCP visits about symptoms that ended up being related to AUD
- 32% Encouraged by loved one to see HCP



Emotions at Diagnosis

The majority of those surveyed responded that they had negative feelings when initially diagnosed, including:

79%
Any negative feelings

38%



Any negative feeling

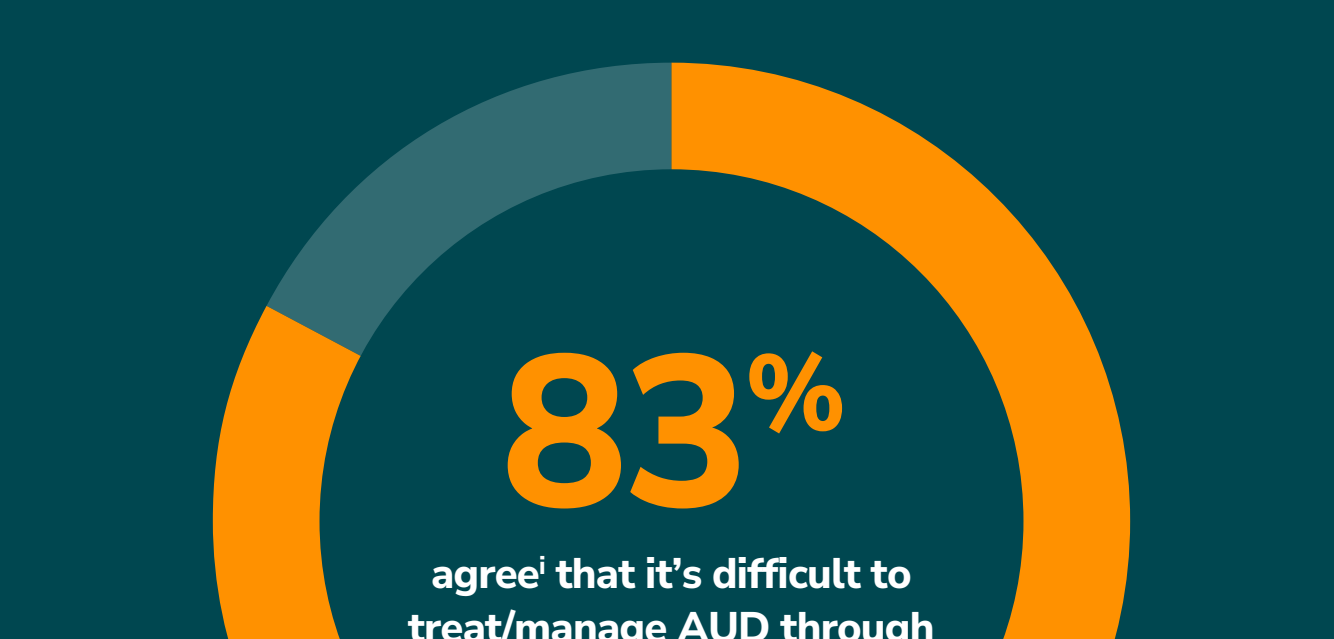
38%
Scared

33%



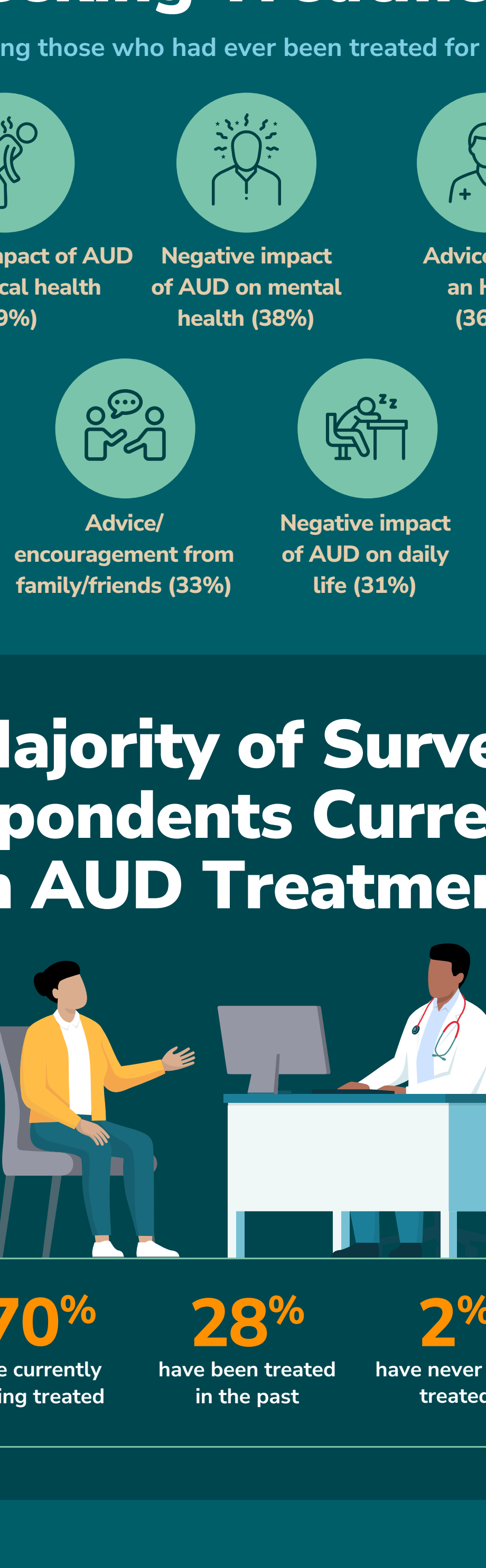
Category	Percentage
Embarrassed	32%

Combating AUD Alone is Difficult



great things will come through
willpower alone

percentages represent a sum of the proportion of respondents who selected “somewhat agree” and those who “strongly agree” in response to the question asked.

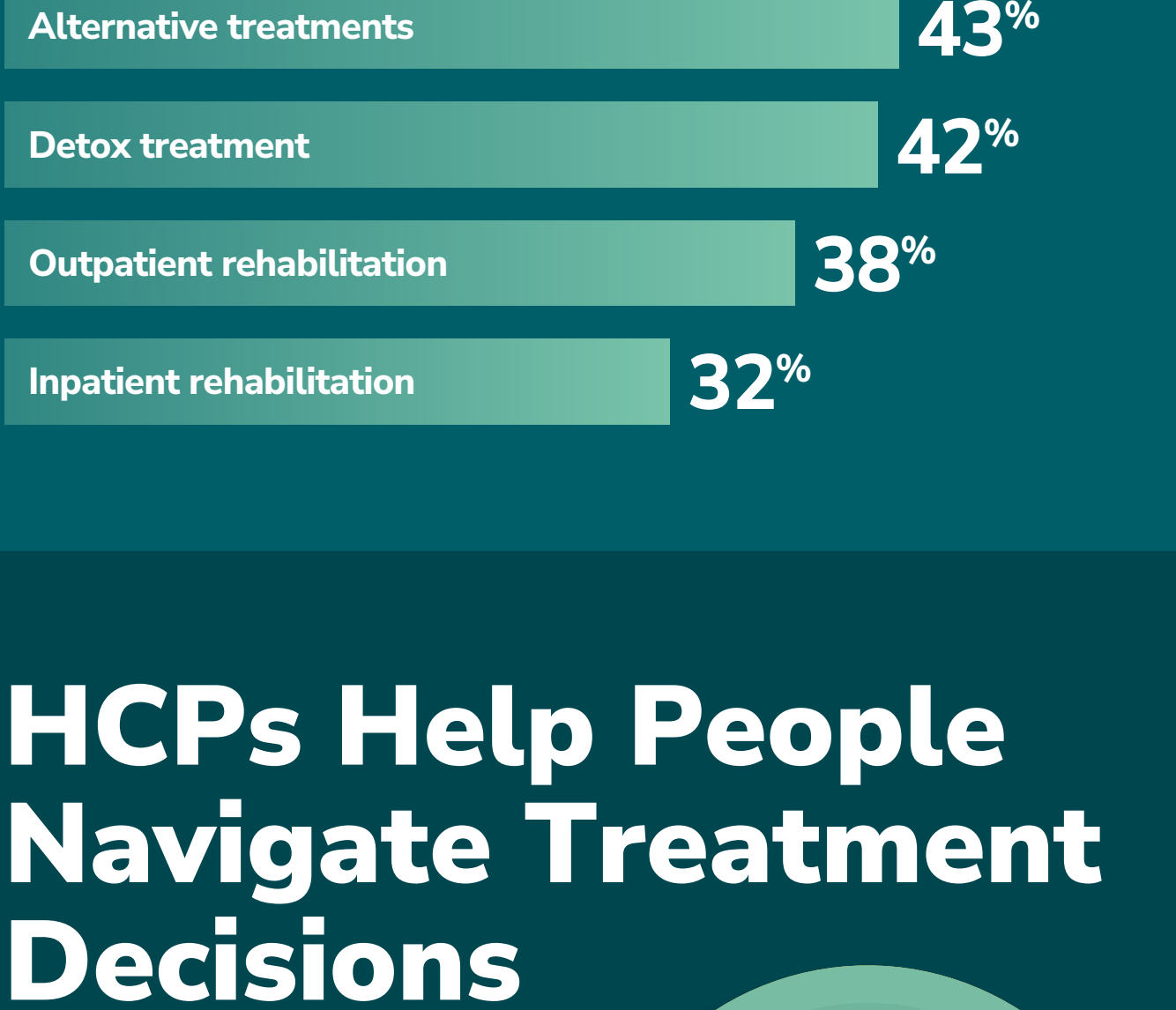


Types of

Among those who had ever been treated for AUD

Treatment Type	Percentage
Prescription medication	50%
Behavioral therapy	46%
Combination of behavioral therapy and prescription medication	42%

Support group therapy	43%
Individual therapy	43%



80%
of all respondents have discussed prescription AUD medication with an HCP

AUD medication cite HCP recommendation for their choice



Overall quality of life (60%)

Relationships with their children (60%*)

Work/career or ability to work (59%*)

Mental health (59%)

Relationship with friends (57%)	Relationship with spouse/partner (57%)	Romantic life (57%)	Finances (57%)	Social life (55%)
				

Positive percentages represent a sum of the proportion of respondents who selected "very positive" and those who



56 were satisfied^v with their current treatment and

current treatment

96%

96% of the world's population lives in a country that is a member of the United Nations.

selected "somewhat satisfied" in response to the question asked.

“ All “motivated” percentages represent a sum of the proportion of respondents who selected “very motivated” and those who selected “somewhat motivated” in response to the question asked

About Alcohol Use Disorder (AUD)

AUD is a medical condition characterized by an impaired ability to stop or control alcohol use despite adverse social, occupational, or health consequences. A person living with AUD often needs to drink greater amounts of alcohol to experience its effect and experiences withdrawal symptoms after stopping alcohol use. AUD can affect physical and mental health, and can cause problems with family, friends, and work.

According to the U.S. 2023 National Survey on Drug Use and Health, approximately 28 million adults ages 18 and older had AUD in the past year¹; but only about 2 million received treatment—which could include inpatient or outpatient care, prescription medication and/or professional counseling—for alcohol use in the past year¹.

Survey Methodology