



PRESS RELEASE

CALGARY, ALBERTA (July 8, 2024)

MEG Energy Announces Second Quarter of 2024 Results and Conference Call

First Quarter Results Release:	Thursday, July 25, 2024 after market close
Conference Call Details:	Friday, July 26, 2024 8:30am ET / 6:30am MT
Dial-in Numbers:	Toll Free: 1.888.390.0546 International: 1.416.764.8688
Replay:	For those unable to dial-in to the conference call, an archived version will be available by 2:00pm ET / 12:00pm MT on Friday, July 26, 2024 at: https://www.megenergy.com/investors/presentations-events/

About MEG

MEG is an energy company focused on sustainable *in situ* thermal oil production in the southern Athabasca oil region of Alberta, Canada. MEG is actively developing innovative enhanced oil recovery projects that utilize steam-assisted gravity drainage extraction methods to improve the responsible economic recovery of oil. MEG transports and sells thermal oil (AWB) to customers throughout North America and internationally. MEG is a member of the Pathways Alliance, a group of Canada's largest oil sands producers. MEG's common shares are listed on the Toronto Stock Exchange under the symbol "MEG" (TSX: MEG).

Learn more at www.megenergy.com

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