

Nursing Burnout Prevention Program™

Finally, a comprehensive, dual strategy program designed to directly impact organization and individual wellness.



PROGRAM OVERVIEW

SE Healthcare's Burnout Prevention Program is a holistic, web-based platform designed to address both the organizational issues and individual nurse's need for immediate access to tools and strategies to prevent burnout.

The program identifies specific organizational contributors to burnout by listening to the nurses' voice through direct comments. The program gives nurses immediate 24/7 access to our Enrichment Center which houses video and audio content that supports unique needs of nurses. Our platform is built on the framework of continuous improvement which allows us to measure, analyze, improve, control, and remeasure valuable data points that drives organizational decisions.

“ **“There is hope!”** - ANA Member 

BURNOUT PREVENTION PROGRAM

- 52% of nurses reduced burnout using program
- 86% have used these strategies at work or home
- 35% reduction in highest level of burnout

**Based on recent ANA implementation*

Reducing and preventing burnout directly impacts staff retention rates

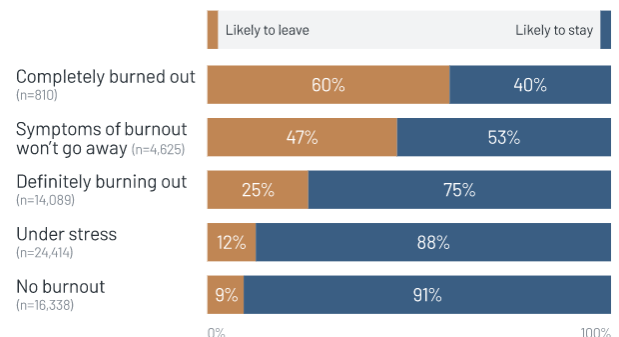
**KLAS 2021 Study*

“ **This program has been a lifesaver!**

“ **The SE Healthcare Burnout Prevention Program is an excellent resource.**

“ **Renews my purpose of why I love nursing.**

Likelihood of Leaving Organization—by Level of Self-Reported Burnout



PROGRAM COMPONENTS



THE ENRICHMENT CENTER

The Enrichment Center is built on Dr. Dike Drummond's training curriculum and includes over 190 "micro-learning" videos and audios with **22 Continuing Education Units (CEUs)**. Videos are sequential, assisting individuals to develop a Personal Burnout Prevention care plan. Peer-reviewed articles support the videos and provide content for journal clubs and nursing grand rounds. The program teaches individuals to break old patterns and identify new methods of dealing with personal stressors and organizational pressures. For busy nurses, our Enrichment Center is easy to access on our mobile app.



Bite-sized videos are perfect for busy nurses!

ORGANIZATIONAL INSIGHTS

Overall burnout results can be filtered leveraging the online dashboard by location, age group, gender, license, and specialty/unit, further identifying even more valuable data. Summarizing the findings in this way can uncover specific differentiators between groups to enable targeted efforts and action planning to relieve pressures. SE Healthcare's Burnout Prevention Program supports nursing excellence and contributes to the requirements of organizations pursuing Magnet® or Pathway to Excellence® designations, and the Practice Transition Accreditation Program®.



Extremely well done! Very relatable examples and easy to follow.



It's awesome to hear a nurse executive with such a vision.



Yes, really need these presentations right now!

THE ASSESSMENT

The survey is 100% confidential with only four questions that measure what matters most. Nurses express their top three day-to-day stressors in open text comments that closed-ended questions fail to capture. Our Artificial Intelligence-powered analysis categorizes the top stressors by common topic and sub-categories to enable focus on stressors which can have the most immediate and sustained impact. This is very powerful data for the organization and more importantly, nurses feel they are being heard and their words matter.



I am awed that someone cares and this makes sense! I am looking forward to the rest of the program. Thank you!

TOP NURSING STRESSORS

