

FOR IMMEDIATE RELEASE



**THE PODCAST ACADEMY ANNOUNCES NOMINEES FOR  
FOURTH ANNUAL AWARDS FOR EXCELLENCE IN AUDIO**

***“The Very Worst Thing That Could Possibly Happen” from  
Wolf at the Door Leads with 5 Nominations***

***First-Time Podcast Nominees Include “50 Years of Hip-Hop,”  
“Lovett or Leave It,” “New Heights with Jason and Travis Kelce,”  
“Wiser Than Me with Julia Louis-Dreyfus,” Among Many Others***

***TPA Adds ‘Best Indie Podcast Host or Hosts’ Category***

**LOS ANGELES, CA, FEBRUARY 16, 2024—**[The Podcast Academy](#) (TPA), the preeminent professional podcast organization, has announced the nominees for its fourth annual **Awards for Excellence in Audio** ([The Ambies](#)). The Ambies will take place on Tuesday, March 26 at the JW Marriott LA Live Los Angeles.

The Ambies celebrate excellence in podcasting and elevate awareness and status of podcasts as a unique and personal medium for entertainment, information, storytelling and expression. The ceremony will highlight 192 nominees across 27 categories with winners to be selected by every voting member of The Podcast Academy (TPA) — in addition to a Governors Award and Impact Award. Community Building Sponsor [Wondery](#) will highlight TPA’s Mentorship Program at the Ceremony. Eligible new members will be able to vote to determine this year’s winners if applications are submitted by February 19. More information may be found at [www.thepodcastacademy.com/join-the-community](http://www.thepodcastacademy.com/join-the-community).

“On behalf of The Podcast Academy, we congratulate all of this year’s remarkable nominees that have graced the podcasting world,” said **Donald Albright**, chairperson of TPA. “They embody the essence of excellence in audio storytelling, captivating audiences with their creativity, passion, and dedication. Here’s to the nominees who have elevated the art of podcasting to new heights, leaving an indelible mark on the industry.”

**THE AMBIES 2024 FULL LIST OF NOMINEES:**

**Podcast of The Year**

*50 Years of Hip-Hop*

*Can You Dig It?: A Hip-Hop Origin Story with Chuck D*

*Embedded: Taking Cover*

*Exposed: Cover-Up at Columbia University*

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*Ghost Story*  
*Next Year In Moscow*  
*Questlove Supreme*  
*Post Reports: The Empty Grave of Comrade Bishop*  
*Slow Burn: Becoming Justice Thomas*  
*The Very Worst Thing that Could Possibly Happen*

### **Best Business Podcast:**

*Access & Opportunity*  
*Behind the Money*  
*Decoder with Nilay Patel*  
*Design Nerds Anonymous*  
*Spellcaster: The Fall of Sam Bankman-Fried*  
*The Closer*  
*Trustonomy*

### **Best Comedy Podcast:**

*Bad Dates*  
*Conan O'Brien Needs a Friend*  
*How Did This Get Made?*  
*Let's Make A Rom-Com*  
*Lovett or Leave It*  
*The Big Flop*  
*Wait Wait... Don't Tell Me!*

### **Best DIY Podcast:**

*Beans Without Boundaries*  
*Beyond 6 Seconds*  
*Black Is America*  
*Culture Kids Podcast*  
*Gooned*  
*Latinx Can Podcast*  
*STITCH PLEASE*

### **Best Documentary Podcast:**

*Borrowed and Banned*  
*Embedded: Taking Cover*  
*Fever: The Hunt for Covid's Origin*  
*Free From Desire: Asexual in the City of Love*  
*Ghost Story*  
*King Slime: The Prosecution of Young Thug and YSL*  
*Slow Burn: Becoming Justice Thomas*

### **Best Entertainment Podcast (Sponsored by *The Hollywood Reporter*):**

*50 Years of Hip-Hop*

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*Creative Control*  
*Films to Be Buried With with Brett Goldstein*  
*HBO's The Last of Us Podcast*  
*Movies vs. Capitalism*  
*MUBI Podcast*  
*Women of Marvel*

### **Best Fiction Podcast**

*Midnight Burger*  
*People Who Knew Me*  
*Possession*  
*PREVIA: A Tech Heist*  
*Supreme: The Battle for Roe*  
*The Foxes of Hydesville*  
*The Very Worst Thing that Could Possibly Happen*

### **Best History Podcast:**

*Hindsight*  
*History's Secret Heroes*  
*Spy Valley: An Engineer's Nuclear Betrayal*  
*The Africas vs. America*  
*This is History: A Dynasty to Die For*  
*Unreformed: The Story of the Alabama Industrial School for Negro Children*  
*Untextbooked*

### **Best Indie Podcast (Sponsored by Tenderfoot TV):**

*Abandoned: The All-American Ruins Podcast*  
*BEEF with Bridget Todd*  
*Dragoncast*  
*Expectant*  
*Surfing Corporate*  
*The Nocturnists*  
*Weight For It*

### **Best Indie Podcast Host or Hosts**

Ali Block, MD – *The Nocturnists*  
Ami Thakkar – *Tuckered Out with Ami Thakkar*  
Emma Lehman – *Gooned*  
Jill Jonassen – *The Cost of Extremism*  
Molly Miller – *Night Raid*  
Ronald Young Jr. – *Weight For It*  
Sequoia Holmes – *Black People Love Paramore*

### **Best Interview Podcast:**

*Alexi Lalas' State of the Union Podcast*  
*Apple News In Conversation*

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*On Purpose with Jay Shetty*  
*Questlove Supreme*  
*The Skinny Confidential*  
*Wiser Than Me with Julia Louis-Dreyfus*  
*Your Mama's Kitchen*

### **Best Knowledge, Science or Tech Podcast:**

*Big Deep - An Ocean Podcast*  
*Darknet Diaries*  
*Moral Repair: A Black Exploration of Tech*  
*To the Best of Our Knowledge: Luminous*  
*Unexplainable*  
*Voices from DARPA*  
*Without*

### **Best News Podcast:**

*Odd Lots: Pot Lots*  
*Queer News*  
*Start Here*  
*The Decibel*  
*Today, Explained*  
*Tug of War: Israel-Hamas War*  
*Up First*

### **Best Original Score and Music Supervision:**

*Calm it Down* – Chad Lawson  
*Can You Dig It?: A Hip-Hop Origin Story with Chuck D* – Bryan Master  
*Louder Than A Riot* – Suzi Analogue, Kassa Overall, and Ramtin Arablouei  
*Next Year In Moscow*  
*Othello* – Lindsay Jones  
*The Cat In The Hat Cast* – Jack Mitchell  
*The Very Worst Thing that Could Possibly Happen* – Alex Kemp

### **Best Performance in Audio Fiction**

*Hidden Signal: Evergreen* – Lana Condor  
*Scrooge: A Christmas Carol* – Sean Astin, John Rhys-Davies, Lucy Punch, Ben Barnes, Juliet Mills, Ryan O'Quinn, Bethany Joy Lenz, Clive Standen, Maxwell Caulfield  
*Supreme: The Battle for Roe* – Maya Hawke, William H. Macy, Abigail Breslin, et al.  
*The Foxes of Hydesville* – Carey Mulligan  
*The Salvation* – Rose Leslie, Toby Jones, Robert Bathurst, et al.  
*The Very Worst Thing that Could Possibly Happen* – Antonia Desplat, Isaac Gonzalez Rossi Yvette Lu, et al.  
*Yes We Cannabis* – Sam Richardson, Method Man, Langston Kerman, Punkie Johnson, Richard Kind, Laci Mosley, Anjelah Johnson-Reyes, Heidi Gardner, Tichina Arnold, Tim Meadows, Rachel Dratch, Chris Parnell

## FOR IMMEDIATE RELEASE

### **Best Personal Growth / Spirituality Podcast:**

*Dear Alana,*  
*How to Be a Better Human*  
*Meditative Story*  
*Moral Repair: A Black Exploration of Tech*  
*Ritually*  
*Second Sunday*  
*SOL Affirmations with Felicia & Karega*

### **Best Podcast for Kids:**

*African Folktales with Miss Jo Jo*  
*Disney Frozen: Forces of Nature*  
*Greeking Out*  
*Mina & Lucy's Guide to Slaying Dracula*  
*Sesame Street – Foley & Friends Season 3*  
*The Arthur Podcast*  
*The Cat In The Hat Cast*

### **Best Podcast Host or Hosts:**

*Anderson Cooper – All There Is with Anderson Cooper*  
*David Rind – Tug of War: Israel-Hamas War*  
*Isaac-Davy Aronson & Rachel Maddow – Rachel Maddow Presents: Déjà News*  
*Kerry Godliman – Stolen Hearts*  
*Martine Powers – Post Reports: The Empty Grave of Comrade Bishop*  
*Malcolm Gladwell – Revisionist History*  
*Rose Reid & Nando Vila – Shoot the Messenger: Espionage, Murder & Pegasus Spyware*

### **Best Politics or Opinion Podcast:**

*Bad Watchdog*  
*National Emergency*  
*Next Year In Moscow*  
*Post Reports*  
*The NPR Politics Podcast*  
*Those Who Can't Teach Anymore*  
*We Don't Talk About Leonard*

### **Best Production and Sound Design (Dolby)**

*Chameleon: Dr. Dante – Garrett Tiedemann*  
*Hidden Signal: Evergreen – Geoffrey Cannock, Jose Varon, The Audio Hive, Neely Oeftering, Sarah Ma, David Tatasciore, Ben Milchev*  
*Long Shadow*  
*People Who Knew Me – Martin Schulz*  
*The Very Worst Thing that Could Possibly Happen – Alex Kemp and Beau Milkis*  
*Throughline*  
*Undertow: The Sisters*

## FOR IMMEDIATE RELEASE

### **Best Reporting:**

*Dear Alana*, – Simon Kent Fung

*Imperfect Paradise: People vs. Karen*

*Murder In Boston: The Untold Story of the Charles and Carol Stuart Shooting* – Adrian Walker

*Operation: Tradebom*

*Shoot the Messenger: Espionage, Murder & Pegasus Spyware*

*The 13th Step* – Lauren Chooljian

*The Blog Era*

### **Best Scriptwriting, Fiction:**

*Ad Lucem* – Troian Bellisario, Josh Close

*Expectant* – Pippa Johnstone

*Hidden Signal: Evergreen* – Chloe Stearns, John Wynn

*Pariah* – Davy Gardner

*The Foxes of Hydesville* – Shawn Christensen

*Trust Fall* – Claire Friedman

*Zoey's Mythical Menagerie* – Leigh Joel Scott

### **Best Scriptwriting, Nonfiction:**

*Classy with Jonathan Menjivar* – Jonathan Menjivar

*Code Switch* – B.A Parker

*Dear Alana*, – Simon Kent Fung, Laurie Polisky, Donald Albright

*Exposed: Cover-Up at Columbia University* – Laura Beil

*Foundering: The John McAfee Story*

*The Banksy Story* – James Peak

*Who Killed JFK?* – David Hoffman

### **Best Society and Culture Podcast:**

*Can You Dig It?: A Hip-Hop Origin Story with Chuck D*

*Dear Alana*,

*Dynamite Doug*

*Exposed: Cover-Up at Columbia University*

*ROS Presents: Roughhousing*

*The Story Exchange*

*Weight For It*

### **Best Sports Podcast:**

*All the Smoke*

*Four Years of Heat*

*Heart of the Game*

*New Heights with Jason and Travis Kelce*

*Reclaimed: The Forgotten League*

*The Lead*

*The Playcallers*

## FOR IMMEDIATE RELEASE

### **Best True Crime Podcast**

*Disappeared: The Bradley Sisters*  
*Heinous – An Asian True Crime Podcast*  
*Smoke Screen: Just Say You're Sorry*  
*The Girl in the Blue Mustang*  
*The Girlfriends*  
*The Vanishing Point*  
*Who Killed JFK?*

### **Best Wellness or Relationships Podcast:**

*Big Lash Energy*  
*Chasing Life with Dr. Sanjay Gupta*  
*Embodied*  
*It Can't Just Be Me*  
*Jillian on Love*  
*Life Kit*  
*Love Letters*

### **NOMINATIONS BREAKDOWN BY PODCAST**

- *50 Years of Hip-Hop – 2*
- *Abandoned: The All-American Ruins Podcast – 1*
- *Access & Opportunity – 1*
- *Ad Lucem – 1*
- *African Folktales with Miss Jo Jo – 1*
- *Alexi Lalas' State of the Union Podcast – 1*
- *All the Smoke – 1*
- *All There Is with Anderson Cooper – 1*
- *Apple News In Conversation – 1*
- *Bad Dates – 1*
- *Bad Watchdog – 1*
- *Beans Without Boundaries – 1*
- *BEEF with Bridget Todd – 1*
- *Behind the Money – 1*
- *Beyond 6 Seconds – 1*
- *Big Deep - An Ocean Podcast – 1*
- *Big Lash Energy – 1*
- *Black Is America – 1*
- *Black People Love Paramore – 1*
- *Borrowed and Banned – 1*
- *Calm it Down – 1*
- *Can You Dig It?: A Hip-Hop Origin Story with Chuck D – 3*
- *Chameleon: Dr. Dante – 1*
- *Chasing Life with Dr. Sanjay Gupta – 1*
- *Classy with Jonathan Menjivar – 1*
- *Code Switch – 1*
- *Conan O'Brien Needs a Friend – 1*
- *Creative Control – 1*
- *Culture Kids Podcast – 1*

## FOR IMMEDIATE RELEASE

- *Darknet Diaries* – 1
- *Dear Alana*, – 4
- *Decoder with Nilay Patel* – 1
- *Design Nerds Anonymous* – 1
- *Disappeared: The Bradley Sisters* – 1
- *Disney Frozen: Forces of Nature* – 1
- *Dragoncast* – 1
- *Dynamite Doug* – 1
- *Embedded: Taking Cover* – 2
- *Embodied* – 1
- *Expectant* – 2
- *Exposed: Cover-Up at Columbia University* – 3
- *Fever: The Hunt for Covid's Origin* – 1
- *Films to Be Buried With with Brett Goldstein* – 1
- *Foundering: The John McAfee Story* – 1
- *Four Years of Heat* – 1
- *Free From Desire: Asexual in the City of Love* – 1
- *Ghost Story* – 2
- *Gooned* – 2
- *Greeking Out* – 1
- *HBO's The Last of Us Podcast* – 1
- *Heart of the Game* – 1
- *Heinous – An Asian True Crime Podcast* – 1
- *Hidden Signal: Evergreen* – 3
- *Hindsight* – 1
- *History's Secret Heroes* – 1
- *How Did This Get Made?* – 1
- *How to Be a Better Human* – 1
- *Imperfect Paradise: People vs. Karen* – 1
- *It Can't Just Be Me* – 1
- *Jillian on Love* – 1
- *King Slime: The Prosecution of Young Thug and YSL* – 1
- *Latinx Can Podcast* – 1
- *Let's Make A Rom-Com* – 1
- *Life Kit* – 1
- *Long Shadow* – 1
- *Louder Than A Riot* – 1
- *Love Letters* – 1
- *Lovett or Leave It* – 1
- *Meditative Story* – 1
- *Midnight Burger* – 1
- *Mina & Lucy's Guide to Slaying Dracula* – 1
- *Moral Repair: A Black Exploration of Tech* – 2
- *Movies vs. Capitalism* – 1
- *MUBI Podcast* – 1
- *Murder In Boston: The Untold Story of the Charles and Carol Stuart Shooting* – 1
- *National Emergency* – 1
- *New Heights with Jason and Travis Kelce* – 1
- *Next Year In Moscow* – 3
- *Night Raid* – 1
- *Odd Lots: Pot Lots* – 1



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- *On Purpose with Jay Shetty* – 1
- *Operation: Tradebom* – 1
- *Othello* – 1
- *Pariah* – 1
- *People Who Knew Me* – 2
- *Possession* – 1
- *Post Reports* - 1
- *Post Reports: The Empty Grave of Comrade Bishop* – 2
- *PREVIA: A Tech Heist* – 1
- *Queer News* – 1
- *Questlove Supreme* – 2
- *Rachel Maddow Presents: Déjà News* – 1
- *Reclaimed: The Forgotten League* – 1
- *Revisionist History* – 1
- *Ritually* – 1
- *ROS Presents: Roughhousing* – 1
- *Scrooge: A Christmas Carol* – 1
- *Second Sunday* – 1
- *Sesame Street – Foley & Friends Season 3* – 1
- *Shoot the Messenger: Espionage, Murder & Pegasus Spyware* – 2
- *Slow Burn: Becoming Justice Thomas* – 2
- *Smoke Screen: Just Say You're Sorry* – 1
- *SOL Affirmations with Felicia & Karega* – 1
- *Spellcaster: The Fall of Sam Bankman-Fried* – 1
- *Spy Valley: An Engineer's Nuclear Betrayal* – 1
- *Start Here* – 1
- *STITCH PLEASE* – 1
- *Stolen Hearts* – 1
- *Supreme: The Battle for Roe* – 2
- *Surfing Corporate* – 1
- *The 13th Step* – 1
- *The Africas vs. America* – 1
- *The Arthur Podcast* – 1
- *The Banksy Story* – 1
- *The Big Flop* – 1
- *The Blog Era* – 1
- *The Cat In The Hat Cast* – 2
- *The Closer* – 1
- *The Cost of Extremism* – 1
- *The Decibel* – 1
- *The Foxes of Hydesville* – 3
- *The Girl in the Blue Mustang* – 1
- *The Girlfriends* – 1
- *The Lead* – 1
- *The Nocturnists* – 2
- *The NPR Politics Podcast* – 1
- *The Playcallers* – 1
- *The Salvation* – 1
- *The Skinny Confidential* – 1
- *The Story Exchange* - 1
- *The Vanishing Point* – 1

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- *The Very Worst Thing that Could Possibly Happen* – 5
- *This is History: A Dynasty to Die For* – 1
- *Those Who Can't Teach Anymore* – 1
- *Throughline* – 1
- *To the Best of Our Knowledge: Luminous* – 1
- *Today, Explained* – 1
- *Trust Fall* – 1
- *Trustonomy* – 1
- *Tuckered Out with Ami Thakkar* – 1
- *Tug of War: Israel-Hamas War* – 2
- *Undertow: The Sisters* – 1
- *Unexplainable* – 1
- *Unreformed: The Story of the Alabama Industrial School for Negro Children* – 1
- *Untextbooked* – 1
- *Up First* – 1
- *Voices from DARPA* – 1
- *Wait Wait... Don't Tell Me!* – 1
- *We Don't Talk About Leonard* – 1
- *Weight For It* – 3
- *Who Killed JFK?* – 2
- *Wiser Than Me with Julia Louis-Dreyfus* – 1
- *Without* – 1
- *Women of Marvel* – 1
- *Yes We Cannabis* – 1
- *Your Mama's Kitchen* – 1
- *Zoey's Mythical Menagerie* – 1

### **ABOUT THE PODCAST ACADEMY**

Founded in February 2020, The Podcast Academy is a not-for-profit professional membership organization that celebrates excellence in podcasting and elevates awareness of podcasts as an indispensable medium for entertainment, information, and creative expression. It values individual and organizational creators alike, of all backgrounds and means, and defines achievement through the values of quality, creativity, innovation, inclusion, and impact. The Podcast Academy provides community, professional development, and industry connections through inclusive, dynamic programming. For more information about The Podcast Academy, please visit [www.thepodcastacademy.com](http://www.thepodcastacademy.com) and follow/like/subscribe on [Instagram](#), [Twitter](#), [Facebook](#), [YouTube](#) and [Linkedin](#). [Visit our donation page to support our mission.](#)

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