



FOR IMMEDIATE RELEASE
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NATIONAL PLAY DAY WITH DAD

Mother who Believes Fatherhood is a Human Right Rather than a Fringe Benefit

*Creates National Day to Recognize, Celebrate, and Strengthen the Bond Between Fathers and Children –
November 25, 2023*

SYRACUSE, New York – Even in two-parent homes, moms seem to get much of the credit for raising kids, but one mother wants to put more dads in the limelight by creating a national play day for dads and their kids of all ages. Just as the holiday season kicks into gear, so does this *day with Dad* on November 25th – the officially recognized day to mark this momentous occasion.

“There are remarkable dads across the country that may get a gift on Father’s day but this day – a ‘play day with dad’ allows children and fathers a focused time to bond,” said **National Play Day with Dad Creator Sharelle of Share Our Style**. “For busy dads, the observance provides an opportunity for focused fun with one another.”

Sharelle said the day was officially created in 2018. After the sudden loss of her mother, each helper I turned to during the difficult time, made her realize how much the men in her life had rallied to help her and her family through it and how they had always been there.

“From my husband to my dads, and more – there are so many wonderful men in this country that may seem undeserving of a gift on Father’s Day but they could very well deserve much more good times, and so do their children. Our theme song, for the day-long celebration was written for a featured father as a birthday gift on March 29, 2022, titled Dad Anthem (What’s True). We need to celebrate and encourage them to strengthen their bond or even work on healing and mending broken relationships.”

Here’s how dads can observe National Play Day with Dad:

- Clear schedules and focus on your children.
- Find out what interests your children and pledge to join the fun.
- Play music together ~ [enjoy & contribute](#) your favorite songs.
- Play games (arcades, video, ball games) together.
- Love, hug, smile, dance with your children.
- Have a photo shoot with your family.
- Watch your child compete in something they enjoy.
- Tell your child stories about your father, family history, and/or a story about your favorite memory of them (for example – the day they were born).
- Join your adult children while they are working on a project (at work) to discover similarities/improvements generationally.
- Ask your child/children, “How can I be a better father?”
- Promote positive fatherhood.
- Read a book to your children.

Sharelle said the day gives men a chance to become the real heroes every child and community needs. She encourages the use of the hashtag **#PlayDayWithDad** and **#PDWDKiddos** on social media, and to share photos of the fun with dads to illustrate positive images of fatherhood.



PRESS RELEASE

“Investing in our children and their memories and adventures teaches them more than just how much we care. It provides them with a foundation they rely upon for a lifetime and can expand with their children of the next generation.”

National Play Day with Dad in November is nestled between Giving Tuesday & Cyber Monday, designed to advocate for the power of family unity, bonding, and generations of fresh memories.

For more information, contact Nikita Jankowski at 315-706-4443 or nikita@belesai.com.

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[About National Play Day with Dad](#)

National Play Day with Dad was created in 2018 to remind fathers that their most important role in life will be to be a hero to their children. Every other role falls to the wayside when children come into our lives. Being a good parent should stand out more than anything ever will. When we ace that job, we make the whole world better. Join Share Our Style in their mission for excellence in parenting. Help @PlayDayWithDad spread to heal a fatherless generation of people in the world community. #PlayDayWithDad #PDWDKiddos