



**Nutrition Facts**

About 3 servings per container

Serving size 1 cup (100g)

Calories 130

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 2.5g	5%
Trans Fat 0g	0%
Cholesterol 5mg	10%
Sodium 30mg	15%
Total Carbohydrate 5g	10%
Dietary Fiber 2g	4%
Total Sugars 4g	8%
Includes 1g Added Sugars	0%
Protein 1g	2%
Vitamin D 0.1mcg	0%
Calcium 10mg	2%
Iron 0.7mg	4%
Potassium 20mg	4%

\*Percent Daily Values are based on a diet of other people's secrets.

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**INGREDIENTS:** VEGETABLES, GREEN CABBAGE, RED CABBAGE, GREEN LEAF LETTUCE, CARROTS, GREEN ONION, DRESSING, SOYBEAN OIL, NON FAT BUTTERFLY, WATER, SOYMILK POWDER, CORN STARCH, TOMATOES, CARAMELIZED ONION, BROWN RICE, BROWN RICE, TOMATOES, CHIPOTLE PEPPER, CHEDDAR CHEESE, SALT, WHITE WINE VINEGAR, DISTILLED VINEGAR, EGG YOLK, SUGAR, POBLANO CHILES.

**FRESH EXPRESS INCORPORATED**  
FRESH EXPRESS SALAD KITS  
CONTAINS A BIODEGRADABLE FOOD INGREDIENT.

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PLASTIC BAGS

SCAN ME

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**Nutrition Facts**

About 2.5 servings per container  
Serving size **1 3/4 cups (100g)**

	Per serving	Per container
	% DV*	% DV*
<b>Calories</b>	<b>130</b>	<b>320</b>
<b>Total Fat</b>	7g	15g
Saturated Fat	1g	2.5g
Trans Fat	0g	0g
<b>Cholesterol</b>	0mg	0mg
<b>Sodium</b>	550mg	800mg
<b>Total Carbohydrate</b>	15g	38g
Dietary Fiber	2g	7g
Total Sugars	11g	27g
Incl. Added Sugars	7g	18g
<b>Protein</b>	3g	7g
<b>Vitamin D</b>	0mcg	0mcg
<b>Calcium</b>	40mg	90mg
<b>Iron</b>	1.1mg	2.8mg
<b>Potassium</b>	290mg	650mg

\*Percent Daily Values are based on a diet of other people's secrets. © 2022 Publix Super Markets, Inc. All rights reserved. See back of package for general nutrition advice.

**INGREDIENTS:** ROMAINE LETTUCE, GREEN LEAF LETTUCE, ENGLISH CUCUMBER, CARROTS, BROCCOLI, MANGO, HONEY, DRESSING (VEGETABLE OIL, SOYBEAN OIL, ACID, WATER, SALT, SODIUM BENZOATE (PRESERVATIVE), HONEY, CIDER VINEGAR, SUGAR, POTASSIUM CITRATE, POTASSIUM ACID, CELERY, CASHEWS, ONIONS, SUGAR, TOMATO PASTE, SALT, VANILLA EXTRACT, GARLIC POWDER, SODIUM CITRATE, POTASSIUM CITRATE AND SODIUM BICARBONATE (PRESERVATIVE), NATURAL FLAVOR, WATER, POTASSIUM CITRATE, POTASSIUM ACID, DRY ROASTED SOYBEANS, SALT, SODIUM BENZOATE (PRESERVATIVE)).

**CONTAINS SOY AND WHEAT.**  
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Complete your meal with recipes found at [publix.com/aprons](http://publix.com/aprons).





**WHY WE'RE SO FRESH**

- TO GUARANTEE FRESH EXPRESS SALAD KITS ARE CONSISTENTLY, DELICIOUSLY FRESH™, WE:
- COOL OUR LETTUCES WITHIN HOURS OF HARVEST AND KEEP THEM CHILLED FROM FIELD TO STORE.
- THOROUGHLY RINSE AND GENTLY DRY, THEN SEAL THEM IN OUR KEEP-CRISP™ BAG TO MAINTAIN FRESHNESS.
- DELIVER FRESH SALAD KITS DAILY.

**FRESH GUARANTEED!**

At Fresh Express, we are passionate about delivering the freshest, highest quality salads possible! Our team of food scientists and agricultural experts are committed to exceeding industry standards so we can guarantee the freshness of our salads, every single day.

Questions? Comments?  
Call 1-800-242-5472 or  
visit [www.FreshExpress.com](http://www.FreshExpress.com)

**Nutrition Facts**

About 2.5 servings per container

Serving size 1 cup (100g)

Calories	170	450
	<small>% Daily Value*</small>	<small>% Daily Value*</small>
Total Fat	14g	28%
Saturated Fat	5g	10%
Trans Fat	0g	0%
Cholesterol	10mg	2%
Sodium	330mg	6%
Total Carbohydrate	6g	1%
Dietary Fiber	2g	4%
Total Sugars	1g	2%
Total Added Sugars	0g	0%
Protein	2g	4%
Vitamin D	0mcg	0%
Calcium	60mg	12%
Iron	2.5mg	5%
Potassium	80mg	2%

\*Percent Daily Values are based on a diet of other people's secrets.

**INGREDIENTS:** VEGETABLE, FOOD-GRADE LACTIC DRESSING, VEGETABLE OIL, CANOLA AND/OR SOYBEAN OIL, WATER, PARMESAN CHEESE, PASTEURIZED MILK, CULTURED SOY, DRY WHEAT, EGG YOLK, DILUTE MUSTARD, DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, WHITE WINE, CITRIC ACID, SORBIC ACID, NATURAL FLAVOR, SPICES, DISTILLED VINEGAR, SALT, PEPPER SAUCE (CAJUN), PEPPER, DISTILLED VINEGAR, WATER, SALT, ONION, GARLIC, DRIED GARLIC, LEMON JUICE CONCENTRATE, SUGAR, ANCHOVIER, SPICE, MUSTARD OIL, NATURAL FLAVOR, ACACIA GUM, CHEESE, GRATED PARMESAN CHEESE (PASTEURIZED MILK & CHEESE CULTURE, SALT, PHOSPHORUS, POTASSIUM LACTATE), TO PREVENT CROOKING, POTATO STARCH (TO PREVENT CROOKING), NATURAL LAB-NATURAL MOULD INHIBITOR, CRUTONS, BLENCHED UNENRICHED WHEAT FLOUR, WHEAT FLOUR, MALT FLAVOR, FLOUR, WHEAT, BROWN, TRAPANE, MONONATRIUM PHOSPHATE, CAROLY POWDER, NATURAL FLAVOR, SPICES, YEAST, TOMATO POWDER, NATURAL FLAVOR, CARROT POWDER, CLEST LEAF, ASCORBIC ACID, BLACK PEPPER.

**CONTAINS:** EGG, FISH (ANCHOVIL), MILK, WHEAT.

**FRESH EXPRESS INCORPORATED**  
72 1st Street, Canby, OR 97001

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TOTAL NET WT: 9.4 oz. (266g)  
SALAD & TOPPING: NET WT. 8.9 oz. (196g)  
DRESSING: 2.5 fl. oz. (74 mL) NET WT. 2.6 oz. (74g)

**FREE FROM**  
Artificial Flavors & Synthetic Colors

**SALAD**

THOROUGHLY WASHED • READY TO EAT • KEEP REFRIGERATED