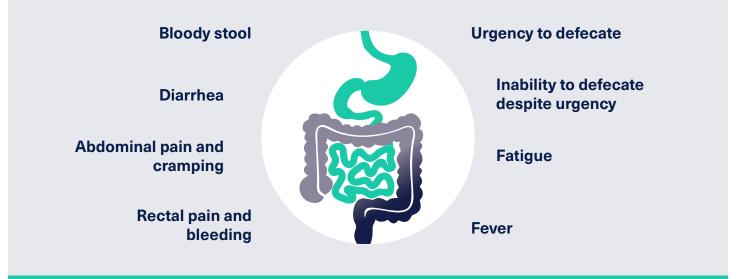
Ulcerative Colitis

Ulcerative colitis (UC) is a chronic, immune-mediated disease of the large intestine that causes continuous mucosal inflammation extending variably from the rectum to the more proximal colon.^{1,2} UC is an unpredictable disease with varying patterns of inflammatory activity changing over time.³ UC belongs to a group of diseases called inflammatory bowel disease (IBD).^{2,4}



The Signs and Symptoms of Ulcerative Colitis⁴



Unpredictability of symptoms is a key burden in UC, with patients commonly experiencing a loss of bodily function control.⁷



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The Impact is Beyond Physical



Symptoms such as **bowel urgency and incontinence and uncertainty about disease relapses** lead to substantial burden and disability among patients, which is often underestimated.^{8,9}

Over two thirds of IBD patients consider toilet availability when planning to attend an event.⁹



Managing UC and Establishing Treatment Goals

Because symptoms of UC can be unpredictable and early diagnosis and regular monitoring can lead to better outcomes, it is important that patients assess symptoms routinely and speak with their doctors to share how the disease impacts their daily lives.¹⁰

Significant unmet needs remain for people living with UC.¹¹ Early diagnosis and disease management are important to help control inflammation and improve long-term outcomes.¹⁰ Persistent inflammation and more severe disease can cause further bowel damage.¹²

Treatment goals are evolving beyond symptom management to include clinical remission and mucosal healing, improving quality of life without the need for surgery and absence of disability.^{2,13,14}

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