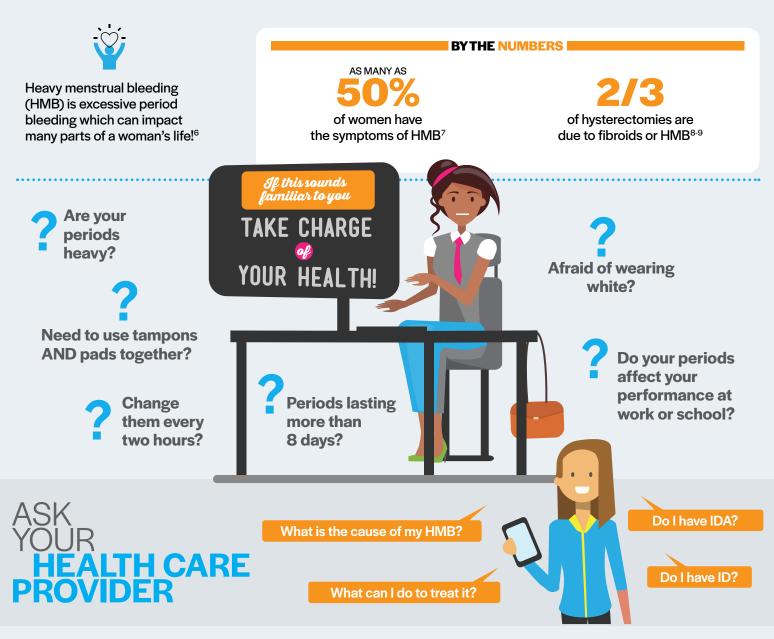


Women's Menstrual Health Up to 50% of Women Are Affected by Heavy Periods¹⁵ Are You One?



HMB and How It Relates to Iron Deficiency (ID) and Iron Deficiency Anemia (IDA)

HMB bleeding should be recognized as the primary cause of ID and IDA among women.¹⁰



Addressing HMB and, if applicable, ID or IDA is important. Talk to your doctor about available treatment options, including diet and iron supplements.

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