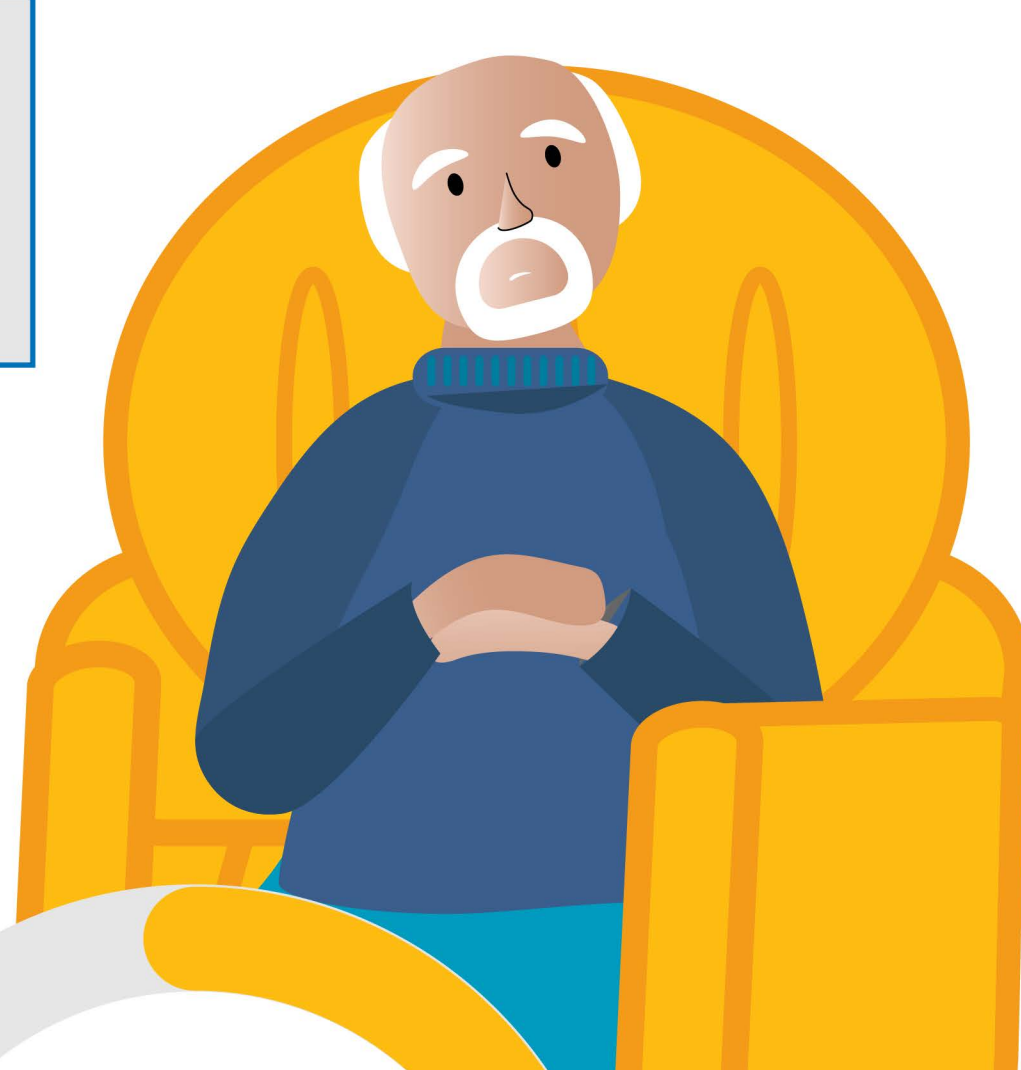
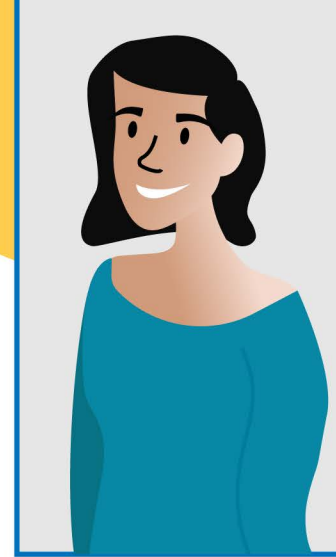
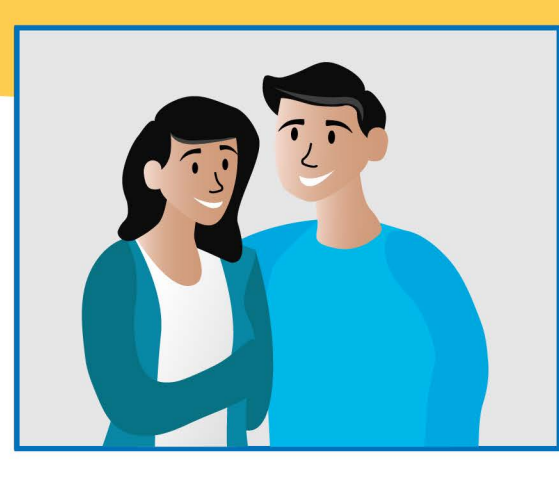


# Older Adult Mental Health & Coping During COVID-19

A nationwide survey of 1,000 American adults with an older adult parent (over 70) who lives alone found that during COVID-19:

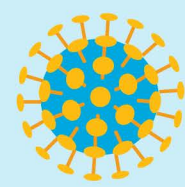
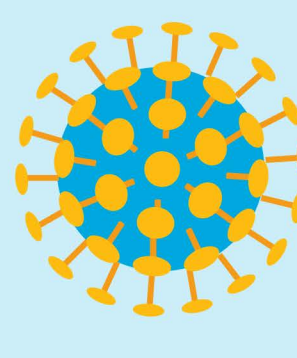
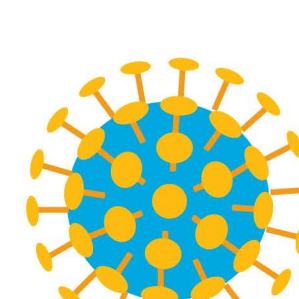
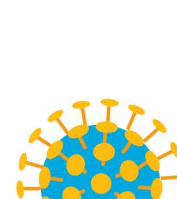


**88%**

are more isolated from loved ones

**85%**

are more lonely



**76%**

are experiencing mental health decline

**Nearly half**

are at increased risk for suicide

**Over half**

have a diminished will to live



**3/4**

abuse prescription drugs

**Nearly**

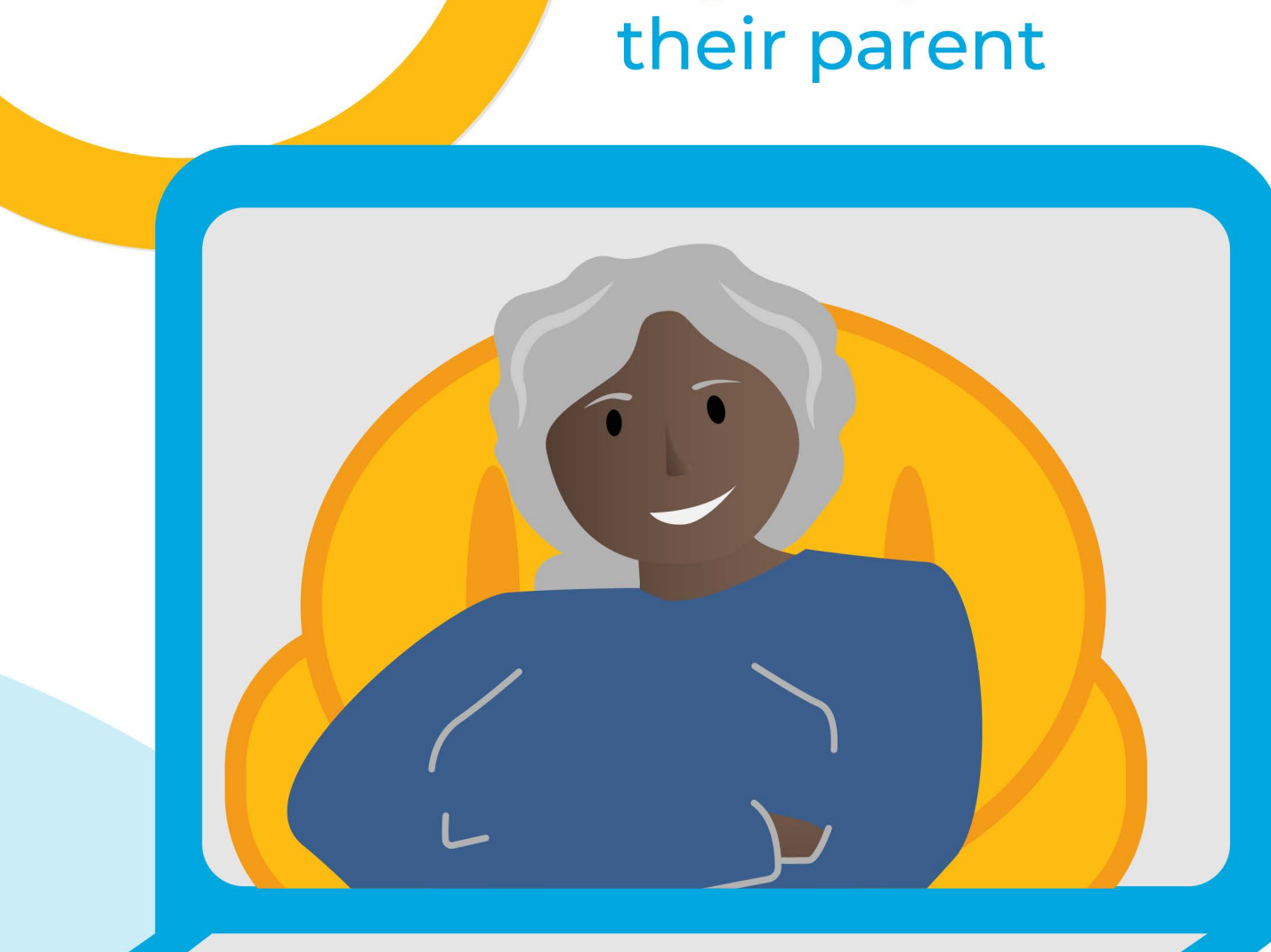
**2/3**

abuse alcohol

**72%**

**of adult children**

would feel less guilty if they regularly video chatted with their parent



**41%**

**of adult children**

report that their parent watches **6+** hours of TV

