2020 CULINARY & COCKTAIL TREND FORECAST

CULINARY TRENDS

ALTERNATIVE DIETS BECOME MAINSTREAM

INIOT-SO-OBSCURE

ANYMORE

HEALTH INGREDIENTS

GLUTEN-FREE DAIRY-FREE VEGAN VEGETARIAN KETO



ASHWAGANDHA, COLLAGEN PEPTIDES, SEAWEED, HEMP, NUTRITIONAL YEAST

SNEAKING

VEGGIES

INTO

EVERY

DISH



DESSERTS

COCKTAIL TRENDS



GARNISHES

AROMATIC

SPICE SACHETS, BURNING WOOD, DRIED HERBS

TEA-INFUSED SPIRITS AND SYRUPS



ALTERNATIVE-GRAIN SPIRITS BAIJU, SHŌCHŪ, SOJU







HIGHBALLS



REIMAGINING

TRADITIONAL

COCKTAILS WITH MEZCAL

BEER + WINE TRENDS

SOUR BEERS • HAZY IPAS • HIGH-ALCOHOL • KOMBUCHAS NATURAL WINES • PÉT-NAT • SPARKLING WINE • ORANGE WINES



COFFEE SPRITZES NITRO COFFEE COLD BREW

PANDAN • MAKRUT LIME LEAVES • BLACK GARLIC

LEBANESE





Chefs and bartenders from Kimpton's 75+ restaurants and bars weigh in on top food and beverage trends to watch in 2020

