



PRESS RELEASE

CALGARY, ALBERTA (October 23, 2019)

MEG Energy To Release Third Quarter 2019 Results

Third Quarter Results Release:	October 30 th after market close
Conference Call Details:	October 31 st 8:30 am ET / 6:30 am MT
Dial-in Numbers:	Toll Free: 1-888-390-0546 International: 1-416-764-8688
Replay:	Available by 12:00 pm MT / 2:00 pm ET same day at: www.megenergy.com/investors/presentations-and-events .

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