

MYHILL/JEKEL MODEL FOR WORKING WITH NEURODIVERSE COUPLES IN THERAPY

RECOGNIZE



RECOGNIZING NEURODIVERSITY IN A COUPLE

View a couple through a neurological lens, explore histories and observe behaviors, identify Asperger traits

UNDERSTAND



UNDERSTANDING THE IMPACT OF NEURODIVERSITY

Reframe and accept a couple as neurodiverse, adjust your approach, accommodate your practice

TREAT



TREATING FOR NEUROLOGICAL DIFFERENCES

Set up a supportive environment, build skills, creatively problem-solve to resolve issues and enhance emotional connection